

PSHE

2026-2027

Please complete in Calibri 10

	Key Stage	Class	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Grange Drive	EYFS/KS 1	Nightingales	Studying EYFS semi-formal Curriculum					
	Explorers	Merlins	Not accessing subject specific learning but studying a pre-formal Curriculum					
		Kites						
	Adventurers	Kingfishers	Not accessing subject specific learning but studying an informal Curriculum					
		Chiffchaffs						
		Wrens						
		Hérons						
		Peacocks						
		Swans						
	Navigators	Hummingbirds LKS2	Things we are good at	Taking care of ourselves	Identifying and Expressing feelings - self awareness	Baby to adult 1	Healthy Eating	Self-Respect
		Robins UKS2	Kind and Unkind behaviours	Keeping safe	Identifying and Expressing feelings - impact on others	Baby to adult 2	care of Physical Health	Respect for others (financial literacy)
		Doves KS2/3	People who are special to us	Keeping safe online	Managing Stronger Feelings	Changes at puberty 1	Healthy Eating	Rules and Laws (financial literacy)
		Falcons	Playing and working Together	Trust	Identifying and Expressing feelings	Changes at puberty 2	Keeping Well	Jobs people do (financial literacy)
GD Provision	KS2	The Nest (Years 3 and 4)	Getting on with others in our family	Public and Private 1	Managing Stronger Feelings 1	Dealing with Touch	Taking care of Physical Health	Taking Care of the Environment
		The Burrow (Years 5 and 6)	Getting on with others at school	Public and Private 2	Managing Stronger Feelings 2	Different types of Relationships	Keeping Well	Belonging to a community (financial literacy)
Birch Wood Vale	Transition	TDH Cycle 2	Getting on with others in the wider community	Public and Private - recap	Managing Stronger Feelings	Different types of Relationships	Keeping Well	Belonging to a community
	Navigators KS3/4	Puffins	Personal strengths – self awareness (financial literacy)	Feeling unwell	Feeling Frightened and worried	Self Esteem and Puberty	Elements of a healthy lifestyle	Diversity/rights and responsibilities
	KS3	Year 7	Personal strengths – how our strengths can impact others (financial literacy)	Feeling unwell	Feeling Frightened and worried	Self Esteem and Puberty	Elements of a healthy lifestyle	Diversity/rights and responsibilities
		Year 8	Skills for learning (financial literacy)	Accidents and Risk	Strong Feelings	Friendship	Mental Wellbeing Physical Activity	Managing Online Information
		Year 9	Prejudice and Discrimination	Keeping Safe online and Emergency situations	Romantic Feelings	Healthy and Unhealthy relationship	behaviour Healthy Eating	Taking Care of the Environment



Long Term Curriculum Map

							Body Image	(financial literacy)
	KS4	Year 10	Managing Pressure 1 (financial literacy)	Public and Private Gambling 1	Self Esteem Strong Feelings 1	Intimate Relationships consent and Contraception	Medicinal Drugs Drugs, Alcohol and Tobacco 1	Preparing for adulthood (financial literacy)
		Year 11	Managing Pressure 2	Public and Private Gambling 2	Romantic Feelings & Sexual Attraction	Long Term relationships/Parenthood	Medicinal Drugs Drugs, Alcohol and Tobacco 2	Managing Finances
Ashton House	KS3	The Yard	Personal strengths	Feeling unwell	Feeling Frightened and worried	Self Esteem and Puberty	Elements of a healthy lifestyle	Diversity/rights and responsibilities
		The Den	Skills for learning (financial literacy)	Accidents and Risk	Strong Feelings	Friendship	Mental Wellbeing Physical Activity	Managing Online Information
	KS4	The Nook	Prejudice and Discrimination	Keeping Safe online and Emergency situations	Romantic Feelings	Healthy and Unhealthy relationship	behaviour Healthy Eating Body Image	Taking Care of the Environment (financial literacy)
BWC	Post 16	BWC 1	Mental health and emotional wellbeing - Managing stress - Body image - Healthy coping strategies	Readiness for work - Career opportunities - Preparing for the world of work - financial literacy	Diversity and inclusion - Living in a diverse society - Challenging prejudice and discrimination	Planning for the future - future opportunities - Post-18 options - financial decisions	Respectful relationships - Consent - Assertive communication - Positive relationships - recognising abuse - dangerous situations or relationships	Health choices and safety - Independence - keeping safe - Travel First aid - substance use
		BWC 2	Independence - Responsible health choices - Managing change - Health and wellbeing - sexual health - adulthood	Next steps Application - Future opportunities - career development - professional identity - financial literacy	Intimate relationships - Personal values - contraception - sexual health - Fertility and Pregnancy	Financial choices - Managing money - Financial contracts - Budgeting Saving - Debt Influences on financial choices	Building and maintaining relationships - New friendships and relationships, including in the workplace - Personal safety - Intimacy Conflict resolution - Relationship changes	

