

PE

2025-2026

	Pathway	Class	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
Grange Drive	EYFS/KS1	Nightingales	MATP Motor skills individual programmes. PD in morning and afternoon set up Inc. fine and gross motor, MATP, Sensory Circuits,	MATP Games – sharing together Prance and Dance	MATP Gymnastics- push me pull me.		MATP Athletics: Starting Blocks		
		Kingfishers							
	Explorers	Kites	MATP Working on pupils individual Motor Activity Training Programme targets. These will be practiced in class, and embedded in games during lessons.						
		Merlins							
	Adventurers	Chiffchaffs	Initial movement assessment. Establishing rules and routines. Teaching Fundamental movement and communication skills. Negotiating space, embedding rules and developing communication for team games.	Functional Movement (Gymnastics) 4 Lessons Min Floor work & vaulting where appropriate. Focus on strength, balance and co-ordination, and develop awareness of personal space and boundaries of touch.	Team/Invasion Games Ball skills (Throwing, catching, kicking etc). Negotiating space and embedding rules. Developing communication for team games (this may still be with adults). This is a progression from team games – where appropriate groups may continue with team games.	Net Games Develop skills associated with net games; -Hitting an item(s) over a net -Continued development of fundamental movement skills specifically that of striking. -Development of co-operational play.	Striking and Fielding Develop an understanding of the basic concept of a striking/fielding game; -Striking an item(s) with an implement, such as racket, bat, and/or part of the body. -How to catch a ball/other items. -Further establishing rules and routines -Development of co-operational play.	Athletics/ Sports day prep To practice/replicate events that will be performed on Sports Day. Develop overall athletic ability across the disciplines of run, jump & throw.	
		Wrens							
		Hérons							
		Owls							
		Peacocks			Engage in Special Olympic sport specific skills from; Bowling, Football, Floorball, Boccia	Engage in Special Olympic sport specific skills from; Tennis, Volleyball, Badminton	Engage in Special Olympic sport specific skills from; Cricket, Golf, Rounders, Softball		
	Navigator	Hummingbirds (KS1/2)	Functional Movement 4 Lessons Min Teaching Fundamental movement skills (e.g. walk, run, co-ordination, balance, jump) Initial movement assessment made by teacher. Establishing rules and routines Teaching communication skills.	Team Games Remaining Lessons Ball skills (Throwing, catching, rolling etc). Negotiating space and embedding rules.	Functional Movement (Gymnastics) 7-8 lessons 4 weeks of floor gymnastics minimum – progression to vaulting or parkour. Teaching fundamental movement through space – focus on strength, balance and co-ordination. Develop awareness of personal space and boundaries of touch.	Net Games 5-6 lessons Develop fundamental movement skills specifically that of striking. Further establishing rules and routines Development of co-operational play.	Striking and Fielding Continued development of fundamental movement skills specifically that of striking. Further establishing rules and routines Development of co-operational play.	Athletics/ Sports day prep To practice/replicate events that will be performed on Sports Day. Develop overall athletic ability across the disciplines of run, jump & throw.	
Team Games Remaining Lessons Ball skills (Throwing, catching, rolling etc). Negotiating space and embedding rules. Developing communication for team games.			Developing communication for team games (this may be with adults).	Develop an understanding of the basic concept of net games; -Hitting an item(s) over a net -Engage in game-realistic scenario's Sports/Games could include; Tennis, Hand-tennis, Large Shuttle-cock Badminton, Messy Room, Bounce Ball	Develop an understanding of the basic concept of striking/fielding games; -Striking an item(s) with an implement, such as racket, bat, and/or part of the body. -Develop a basic understanding of hitting & running. -Engage in game-realistic scenario's Sports/Games could include; Kickball, variations of cricket,	Embedded within; Teaching Fundamental movement skills (e.g. movement through space, jump, throw, balance and co-ordination) Further establishing rules and routines Development of co-operational play.			
Robins (KS2)		Functional Movements/Team Building 4 Lessons Min Initial movement assessment made by teacher. Establishing rules and routines. Teaching Fundamental movement and communication skills.	Functional Movement (Gymnastics) 7-8 lessons 4 weeks of gymnastics minimum – this could be floor or vaulting depending on needs and ability of group. Teaching fundamental movement through space – focus on strength, balance and co-ordination.	Invasion Games Ball skills (Throwing, catching, rolling etc). Negotiating space and embedding rules. Developing communication for team games (this may still be with adults). This is a progression from team games – where appropriate groups may continue with team games.	Net Games 5-6 lessons Continued development of fundamental movement skills specifically that of net games. Further establishing rules and routines Development of co-operational play.	Striking and Fielding Continued development of fundamental movement skills specifically that of striking. Further establishing rules and routines Development of co-operational play.	Functional Movement (Moving for Fitness and Athletics/ Sports day prep) To practice/replicate events that will be performed on Sports Day/Athletic events or festivals. Develop overall athletic ability across the disciplines of run, jump & throw.		



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		<p>OAA Remaining Lessons</p> <p>Building on communication skills.</p> <p>Developing team-work & navigational skills</p>	<p>Modelling and begin giving feedback on performance.</p> <p>Develop awareness of personal space and boundaries of touch.</p> <p>3 weeks progression lessons – Vaulting, Parkour, Moving for Fitness or Indoor Athletics practise.</p> <p>OR</p> <p>Team Games Remaining Lessons</p> <p>Ball skills (Throwing, catching, rolling etc).</p> <p>Negotiating space and embedding rules.</p> <p>Developing communication for team games.</p>	<p>Groups may cover 1 choice of sport or complete 2 intro's over the term.</p>	<p>Develop an understanding of the basic concept of net games; -Hitting an item(s) over a net -Engage in game-realistic scenario's Sports/Games could include; Tennis, Hand-tennis, Large Shuttle-cock Badminton, Messy Room, Volleyball variations, Bounce Ball.</p>		<p>Comp: Teaching Fundamental movement skills (e.g. movement through space, jump, throw, balance and co-ordination)</p> <p>Cre: Further establishing rules and routines</p> <p>Com: Development of co-operational play.</p>
	Penguins (KS2)	<p>Functional Movement OAA/Team Building 4 Lessons Min</p> <p>Initial movement assessment made by teacher.</p> <p>Establishing rules and routines.</p> <p>Teaching Fundamental movement and communication skills.</p> <p>Embed SAQ assessment & movement continuum.</p> <p>OAA/Team Games Remaining Lessons</p> <p>Negotiating space, embedding rules and developing communication for team games.</p>	<p>Invasion Games</p> <p>Ball skills (Throwing, catching, rolling etc).</p> <p>Negotiating space and embedding rules.</p> <p>Developing communication for team games (this may still be with adults).</p> <p>This is a progression from team games – where appropriate groups may continue with team games.</p> <p>Groups may cover 1 choice of sport or complete 2 intro's over the term.</p>	<p>Functional Movement (Gymnastics) 6 lessons</p> <p>4 weeks of gymnastics minimum – this could be floor or vaulting depending on needs and ability of group.</p> <p>Teaching fundamental movement through space – focus on strength, balance and co-ordination.</p> <p>Model and begin giving feedback on performance.</p> <p>Develop awareness of personal space and boundaries of touch.</p> <p>3 weeks progression lessons – Vaulting, Parkour, Moving for Fitness or Indoor Athletics practise.</p>	<p>Net Games (Tennis) 5-6 lessons</p> <p>Continued development of fundamental movement skills specifically that of net games.</p> <p>Further establishing rules and routines</p> <p>Development of co-operational play, such as rallying.</p>	<p>Striking and Fielding</p> <p>Continued development of fundamental movement skills specifically that of striking.</p> <p>Further establishing rules and routines</p> <p>Development of co-operational play.</p>	<p>Functional Movement (Moving for Fitness and Athletics/ Sports day prep)</p> <p>To practice/replicate events that will be performed on Sports Day/Athletic events or festivals.</p> <p>Develop overall athletic ability across the disciplines of run, jump & throw.</p> <p>Teaching Fundamental movement skills (e.g. movement through space, jump, throw, balance and co-ordination)</p> <p>Further establishing rules and routines</p> <p>Development of co-operational play.</p>
	The Lodge (Post-16)	<p>Functional Movement (Team Building)</p> <p>Initial movement assessment made by teacher.</p> <p>Establishing rules and routines.</p> <p>Teaching Fundamental movement and communication skills.</p> <p>Embed SAQ assessment & movement continuum.</p> <p>OAA/Team Games Remaining Lessons</p> <p>Negotiating space, embedding rules and developing communication for team games.</p>	<p>Invasion Games</p> <p>Ball skills (Throwing, catching, rolling etc).</p> <p>Negotiating space, game tactics and embedding rules.</p> <p>Developing communication for team games (this may still be with adults).</p> <p>Split the weeks as appropriate to the group – students can cover 1 or 2 invasion games or Kinball in this time period.</p>	<p>Functional Movement/HRF 6 lessons</p> <p>2 x 3-4 week blocks or 1 long block.</p> <p>Teaching fundamental movement through space – focus on strength, balance and co-ordination.</p> <p>Give opportunities to reflect and feedback on performance.</p> <p>Develop awareness of personal space, boundaries of touch and building on co-operative activities.</p>	<p>Striking and Fielding</p> <p>Development of fundamental movement skills specifically that of striking.</p> <p>Further establishing rules and routines</p> <p>Development of co-operational play.</p>	<p>Net Games (Tennis) 5-6 lessons</p> <p>Continued development of fundamental movement skills specifically that of net games.</p> <p>Further establishing rules and routines</p> <p>Development of co-operational play, such as rallying.</p>	<p>Functional Movement (Moving for Fitness and Athletics/ Sports day prep)</p> <p>To practice/replicate events that will be performed on Sports Day/Athletic events or festivals.</p> <p>Develop overall athletic ability across the disciplines of run, jump & throw.</p> <p>Teaching Fundamental movement skills (e.g. movement through space, jump, throw, balance and co-ordination)</p> <p>Further establishing rules and routines</p> <p>Development of co-operational competition.</p>



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	KS3/4	IGB	<p>MATP 4 Lessons Min</p> <p>Initial movement assessment made by teacher - <u>Establishing pupils individual motor Activity Training Programme targets.</u></p> <p>Establishing rules and routines.</p> <p>Teaching Fundamental movement and communication skills.</p> <p>MATP & Team Games Remaining Lessons <u>Working on pupils individual motor Activity Training Programme targets.</u></p> <p>Negotiating space, embedding rules and developing communication for team games.</p> <p>Working on pupils individual motor Activity Training Programme targets.</p>	<p>MATP & Invasion Games <i>Working on pupils individual motor Activity Training Programme targets through focused activities including:</i></p> <p>Ball skills (Throwing, catching, rolling etc).</p> <p>Negotiating space, game tactics and embedding rules.</p> <p>Developing communication for team games (this may still be with adults).</p> <p>Split the weeks as appropriate to the group – students can cover 1 or 2 invasion games or Kinball in this time period.</p>	<p>MATPS & Functional Movement/HRF <i>Working on pupils individual motor Activity Training Programme targets through focused activities including:</i></p> <p>Teaching fundamental movement through space – focus on strength, balance and co-ordination.</p> <p>Give opportunities to reflect and feedback on performance.</p> <p>Develop awareness of personal space, boundaries of touch and building on co-operative activities.</p>	<p>MATP & Striking and Fielding <i>Working on pupils individual motor Activity Training Programme targets through focused activities including:</i></p> <p>Development of fundamental movement skills specifically that of striking.</p> <p>Further establishing rules and routines</p> <p>Development of co-operational play.</p>	<p>Net Games (Tennis) <i>Working on pupils individual motor Activity Training Programme targets through focused activities including:</i></p> <p>Continued development of fundamental movement skills specifically that of net games.</p> <p>Further establishing rules and routines</p> <p>Development of co-operational play, such as rallying.</p>	<p>Functional Movement (Athletics/ Sports day prep) <i>Working on pupils individual motor Activity Training Programme targets through focused activities including:</i></p> <p>To practice/replicate events that will be performed on Sports Day/Athletic events or festivals.</p> <p>Develop overall athletic ability across the disciplines of run, jump & throw.</p> <p>Teaching Fundamental movement skills (e.g. movement through space, jump, throw, balance and co-ordination)</p> <p>Further establishing rules and routines</p> <p>Development of co-operational competition.</p>
Birch Wood Vale	Transition	DH - Transition	<p>OAA/Team Building 4 Lessons Min</p> <p>Initial movement assessment made by teacher.</p> <p>Establishing rules and routines.</p> <p>Teaching Fundamental movement and communication skills.</p> <p>Team Games (Capture the Flag)</p> <p>Negotiating space, embedding rules and developing communication for team games.</p>	<p>Invasion Games</p> <p>Ball skills (Throwing, catching, rolling etc). Negotiating space and embedding rules. Developing communication for team games. Groups may cover 1 choice of sport or complete 2 intro's over the term.</p> <p>Functional Movement (Gymnastics)</p> <p>Teaching fundamental movement through space – focus on strength, balance and co-ordination. Develop awareness of personal space and boundaries of touch. Modelling and begin giving feedback on performance.</p>	<p>Functional Movement (HRF)</p> <p>Teaching Fundamental movement (gross and fine motor movement) and communication skills. Develop knowledge of how the body works and the importance of exercise for health.</p>	<p>Net Games (Tennis)</p> <p>Continued development of fundamental movement skills specifically that of striking over a net. Development of co-operational play and development of game play tactics.</p>	<p>Striking and Fielding</p> <p>Comp: Continued development of fundamental movement skills specifically that of striking and fielding. Development of co-operational play and developing game play tactics.</p>	<p>Functional Movement (Athletics/ Sports day prep)</p> <p>To practice/replicate events that will be performed on Sports Day/Athletic events or festivals.</p> <p>Develop overall athletic ability across the disciplines of run, jump & throw.</p> <p>Teaching Fundamental movement skills (e.g. movement through space, jump, throw, balance and co-ordination)</p> <p>Further establishing rules and routines</p> <p>Development of co-operational competition.</p>
			Year 7	<p>Functional Movement (OAA/Team Building)</p> <p>Initial movement assessment made by teacher.</p> <p>Establishing rules and routines.</p> <p>Teaching Fundamental movement and communication skills.</p> <p>(Indoor Athletics Prep)</p> <p>Teaching Fundamental movement skills (e.g. movement through space, jump, throw, balance and co-ordination)</p> <p>Team Games/ Invasion Games</p> <p>Negotiating space, embedding rules and developing communication for team games.</p>	<p>Invasion Games</p> <p>Ball skills (Throwing, catching, rolling etc). Negotiating space and embedding rules. Developing communication for team games. Groups may cover 1 choice of sport or complete 2 intro's over the term.</p> <p>Functional Movement (Gymnastics)</p> <p>Teaching fundamental movement through space – focus on strength, balance and co-ordination. Develop awareness of personal space and boundaries of touch. Modelling and begin giving feedback on performance.</p>	<p>Functional Movement (HRF)</p> <p>Teaching Fundamental movement (gross and fine motor movement) and communication skills. Develop knowledge of how the body works and the importance of exercise for health.</p>	<p>Net Games (Tennis)</p> <p>Continued development of fundamental movement skills specifically that of striking over a net. Development of co-operational play and development of game play tactics.</p>	<p>Striking and Fielding</p> <p>Comp: Continued development of fundamental movement skills specifically that of striking and fielding. Development of co-operational play and developing game play tactics.</p>
	KS3	Year 8	<p>Functional Movement (OAA/Team Building)</p> <p>Initial movement assessment made by teacher.</p> <p>Establishing rules and routines.</p> <p>Teaching Fundamental movement and communication skills.</p> <p>(Indoor Athletics Prep)</p> <p>Teaching Fundamental movement skills (e.g. movement through space, jump, throw, balance and co-ordination)</p> <p>Team Games/ Invasion Games</p> <p>Negotiating space, embedding rules and developing communication for team games.</p>	<p>Invasion Games</p> <p>Ball skills (Throwing, catching, rolling etc). Negotiating space and embedding rules. Developing communication for team games. Groups may cover 1 choice of sport or complete 2 intro's over the term.</p> <p>Functional Movement (Gymnastics)</p> <p>Teaching fundamental movement through space – focus on strength, balance and co-ordination. Develop awareness of personal space and boundaries of touch. Modelling and begin giving feedback on performance.</p>	<p>Functional Movement (HRF)</p> <p>Teaching Fundamental movement (gross and fine motor movement) and communication skills. Develop knowledge of how the body works and the importance of exercise for health.</p>	<p>Net Games (Tennis)</p> <p>Continued development of fundamental movement skills specifically that of striking over a net. Development of co-operational play and development of game play tactics.</p>	<p>Striking and Fielding</p> <p>Comp: Continued development of fundamental movement skills specifically that of striking and fielding. Development of co-operational play and developing game play tactics.</p>	<p>Functional Movement (Athletics/ Sports day prep)</p> <p>To practice/replicate events that will be performed on Sports Day/Athletic events or festivals.</p> <p>Develop overall athletic ability across the disciplines of run, jump & throw.</p> <p>Teaching Fundamental movement skills (e.g. movement through space, jump, throw, balance and co-ordination)</p> <p>Further establishing rules and routines</p> <p>Development of co-operational competition.</p>
		Year 9	<p>Functional Movement (OAA/Team Building)</p> <p>Initial movement assessment made by teacher.</p> <p>Establishing rules and routines.</p> <p>Teaching Fundamental movement and communication skills.</p> <p>(Indoor Athletics Prep)</p> <p>Teaching Fundamental movement skills (e.g. movement through space, jump, throw, balance and co-ordination)</p> <p>Team Games/ Invasion Games</p> <p>Negotiating space, embedding rules and developing communication for team games.</p>	<p>Invasion Games</p> <p>Ball skills (Throwing, catching, rolling etc). Negotiating space and embedding rules. Developing communication for team games. Groups may cover 1 choice of sport or complete 2 intro's over the term.</p> <p>Functional Movement (Gymnastics)</p> <p>Teaching fundamental movement through space – focus on strength, balance and co-ordination. Develop awareness of personal space and boundaries of touch. Modelling and begin giving feedback on performance.</p>	<p>Functional Movement (HRF)</p> <p>Teaching Fundamental movement (gross and fine motor movement) and communication skills. Develop knowledge of how the body works and the importance of exercise for health.</p>	<p>Net Games (Tennis)</p> <p>Continued development of fundamental movement skills specifically that of striking over a net. Development of co-operational play and development of game play tactics.</p>	<p>Striking and Fielding</p> <p>Comp: Continued development of fundamental movement skills specifically that of striking and fielding. Development of co-operational play and developing game play tactics.</p>	<p>Functional Movement (Athletics/ Sports day prep)</p> <p>To practice/replicate events that will be performed on Sports Day/Athletic events or festivals.</p> <p>Develop overall athletic ability across the disciplines of run, jump & throw.</p> <p>Teaching Fundamental movement skills (e.g. movement through space, jump, throw, balance and co-ordination)</p> <p>Further establishing rules and routines</p> <p>Development of co-operational competition.</p>



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	KS4	Year 10 Year 11	<p>Functional Movement (Team Building or HRF)</p> <p>Initial movement assessment made by teacher.</p> <p>Establishing rules and routines.</p> <p>Teaching Fundamental movement (gross and fine motor movement) and communication skills. Develop knowledge of how the body works and the importance of exercise for health.</p>	<p>Invasion Games/ Kinball</p> <p>Ball skills (Throwing, catching, rolling etc). Negotiating space and embedding rules and analysing performance. Developing communication for team games.</p>	<p>Games (Tennis)</p> <p>Continued development of fundamental movement skills specifically that of striking over a net. Development of co-operational play and development of game play tactics.</p>	<p>Net Games or Invasion Games based on learning needs of group</p>	<p>Striking and Fielding</p> <p>Comp: Continued development of fundamental movement skills specifically that of striking and fielding. Development of co-operational play and developing game play tactics.</p>	<p>Functional Movement (Athletics/ Sports day prep)</p> <p>To practice/replicate events that will be performed on Sports Day/Athletic events or festivals. Develop overall athletic ability across the disciplines of run, jump & throw.</p> <p>Teaching Fundamental movement skills (e.g. movement through space, jump, throw, balance and co-ordination)</p> <p>Further establishing rules and routines. Development of co-operational competition.</p>
Options	KS4	Level 1&2 Vocational Award Sports & Coaching Principles	<p><u>Unit 3: Coaching Principles</u></p> <p>Knowledge of the skills and responsibilities of a sports coach; understanding the coaching process; how to coach; review coaching performance; preparation for and completing controlled practical assessment.</p> <p><u>Starting Unit 2: Improving Sporting performance.</u></p> <p>Factors affecting sports performance; analysis of sporting performance; preparation for and completing controlled practical assessment.</p>			<p><u>Unit 1: Fitness for Sport</u></p> <p>Introduction to the adaptations that take place in the body following exercise, how training can lead to improvements in fitness, and the planning of training programmes.</p> <ul style="list-style-type: none"> - Structure, functions and adaptations to the body's systems in relation to sport, exercise and physical activity - The importance of the components of fitness for different physical activities - The role of training in achieving improvements in fitness 		
BW College	Post 16	BWC A BWC N	Engaging in physical activity in the community to develop independent life skills.					
Autism Provision	KS2	The Yard	<p>OAA/Team Building 4 Lessons Min</p> <p>Initial movement assessment made by teacher.</p> <p>Establishing rules and routines.</p> <p>Teaching Fundamental movement and communication skills.</p> <p>Team Games (Capture the Flag)</p> <p>Negotiating space, embedding rules and developing communication for team games.</p>	<p>Invasion Games</p> <p>Ball skills (Throwing, catching, rolling etc). Negotiating space and embedding rules. Developing communication for team games.</p> <p>Functional Movement (Movement to music)</p> <p>Teaching fundamental movement through space – focus on balance, co-ordination and rhythmic movement. Develop awareness of personal space and boundaries of touch. Modelling and begin giving feedback on performance and developing fluency of movement.</p>	<p>Functional Movement (Movement to music/ Gymnastics)</p> <p>Teaching Fundamental movement (gross and fine motor movement) and communication skills. Focus on balance, co-ordination and fluency of movement within a routine.</p>	<p>Net Games (Tennis)</p> <p>Continued development of fundamental movement skills specifically that of striking over a net. Development of co-operational play and development of game play tactics.</p>	<p>Striking and Fielding</p> <p>Comp: Continued development of fundamental movement skills specifically that of striking and fielding. Development of co-operational play and developing game play tactics.</p>	<p>Functional Movement (Athletics/ Sports day prep)</p> <p>To practice/replicate events that will be performed on Sports Day/Athletic events or festivals. Develop overall athletic ability across the disciplines of run, jump & throw.</p> <p>Teaching Fundamental movement skills (e.g. movement through space, jump, throw, balance and co-ordination)</p> <p>Further establishing rules and routines. Development of co-operational competition.</p>



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	KS3	The Den	<p>Functional Movement (OAA/Team Building)</p> <p>Initial movement assessment made by teacher.</p> <p>Establishing rules and routines.</p> <p>Teaching Fundamental movement and communication skills.</p> <p>(Indoor Athletics Prep)</p> <p>Teaching Fundamental movement skills (e.g. movement through space, jump, throw, balance and co-ordination)</p> <p>Team Games/ Invasion Games</p> <p>Negotiating space, embedding rules and developing communication for team games.</p>	<p>Invasion Games</p> <p>Ball skills (Throwing, catching, rolling etc). Negotiating space and embedding rules. Developing communication for team games. Groups may cover 1 choice of sport or complete 2 intro's over the term.</p> <p>Functional Movement (Gymnastics)</p> <p>Teaching fundamental movement through space – focus on strength, balance and co-ordination. Develop awareness of personal space and boundaries of touch. Modelling and begin giving feedback on performance.</p>	<p>Functional Movement (HRF)</p> <p>Teaching Fundamental movement (gross and fine motor movement) and communication skills. Develop knowledge of how the body works and the importance of exercise for health.</p>	<p>Net Games (Tennis)</p> <p>Continued development of fundamental movement skills specifically that of striking over a net. Development of co-operational play and development of game play tactics.</p>	<p>Striking and Fielding</p> <p>Comp: Continued development of fundamental movement skills specifically that of striking and fielding. Development of co-operational play and developing game play tactics.</p>	<p>Functional Movement (Athletics/ Sports day prep)</p> <p>To practice/replicate events that will be performed on Sports Day/Athletic events or festivals. Develop overall athletic ability across the disciplines of run, jump & throw.</p> <p>Teaching Fundamental movement skills (e.g. movement through space, jump, throw, balance and co-ordination)</p> <p>Further establishing rules and routines Development of co-operational competition.</p>
	KS4	The Nook	<p>Functional Movement (Team Building or HRF)</p> <p>Initial movement assessment made by teacher.</p> <p>Establishing rules and routines.</p> <p>Teaching Fundamental movement and communication skills.</p> <p>Functional Movement (Indoor Athletics Prep)</p> <p>Comp: Teaching Fundamental movement skills (e.g. movement through space, jump, throw, balance and co-ordination)</p> <p>Cre: Further establishing rules and routines</p> <p>Com: Development of co-operational play.</p>	<p>Invasion Games/ Kinball</p> <p>Ball skills (Throwing, catching, kicking etc).</p> <p>Comp: Ball skills (Throwing, catching, rolling etc).</p> <p>Cre: Negotiating space, game tactics and embedding rules.</p> <p>Com: Developing communication for team games (this may still be with adults).</p> <p>Split the weeks as appropriate to the group – students can cover 1 or 2 invasion games or Kinball in this time period.</p>	<p>Functional Movement 7-8 lessons</p> <p>2 x 3-4 week blocks or 1 long block.</p> <p>Comp: Teaching fundamental movement through space – focus on strength, balance and co-ordination.</p> <p>Cre: give opportunities to reflect and feedback on performance.</p> <p>Comm: Develop awareness of personal space, boundaries of touch and building on co-operative activities.</p>	<p>Net Games (Tennis)</p> <p>Continued development of fundamental movement skills specifically that of striking over a net. Development of co-operational play and development of game play tactics.</p>	<p>Striking and Fielding</p> <p>Comp: Development of fundamental movement skills specifically that of striking.</p> <p>Cre: Further establishing rules and routines</p> <p>Com: Development of co-operational play.</p>	<p>Functional Movement (Moving for Fitness and Athletics/ Sports day prep)</p> <p>To practice/replicate events that will be performed on Sports Day/Athletic events or festivals. Develop overall athletic ability across the disciplines of run, jump & throw.</p> <p>Teaching Fundamental movement skills (e.g. movement through space, jump, throw, balance and co-ordination)</p> <p>Further establishing rules and routines Development of co-operational competition.</p>

